

SEPTEMBER 18, 2016



TWENTY-FIFTH SUNDAY IN ORDINARY TIME



AMOS 8:4-7

PSALM 113:1-2, 4-6, 7-8

1 TIMOTHY 2:1-8

LUKE 16:1-13 OR 16:10-13

REFLECTION

I wanted to make my senior year of college the best year of my life, and in doing so, accrued too many responsibilities. On top of my schoolwork, I was a peer minister, had an internship, and was in charge of my a cappella group. During the first six weeks of school, I had no time to myself and quickly began to burn out. This all came to a head on a retreat with my campus ministry community. Everyone was having a great time on the retreat, but my mind was in too many places to be fully present, and my community noticed. They called me out on my mental absence and let me know how hurt they were that I didn't seem like I wanted to be with them. This was a real wake-up call. I realized that I needed to reorder my priorities, including taking time for self-care. I was able to do this through asking for help and really did make senior year one to remember.



"RESTLESS"
AUDREY ASSAD

ACTION

When Christ speaks of serving two masters in this Sunday's Gospel, he is asking us to reflect on our priorities in life. If we are truly the Christians we claim to be, are our actions and words indicative of that? Are we putting God before all else or are we serving a different master—a master of technology, peer pressure, popular culture? Serving God above all else means more than simply making time to strengthen our faith. It also means prioritizing things in our lives that are good and life-giving. I find that the best place to start this journey is by taking time to rest in God's peace. As St. Augustine says, "Our hearts are restless until they find rest in you." Challenge yourself this week to do that.

JOURNALING QUESTIONS

- Check in with yourself. How is your current balance of prayer life, responsibilities for school, family, and activities? Is there something that needs to be more of a priority? How can you begin to make this happen?
- Often times, we find ourselves stuck in a rut when it comes to schedules and priorities. What can you do, if anything, to make sure your priorities are in an order that pleases you? That pleases God?